Kindasaurus November

KS1/KS2

SUN	MON	TUE	WED	THU	FRI	SAT
1 Read the Kindasaurus Meditation	2 Create a bookmark for a friend	3 Kindasaurus Circle Time	4 Teach others about safety on Bonfire Night	5 Create a bonfire collage	6 Give a compliment to each person you speak to	7 Help to tidy the kitchen!
8 "I am kind"	9 Classroom Kindness	10 Do 3 kind things	11 Rememberance Day	12 National Tree Day: Give a tree a hug!	13 World Kindness Day	14 BBC Childen In Need
15 what makes you a kind family member?	16 Road Safety Week	17 take part in a story massage session	18 Anti-bullying Week	19 National Tree Day: Give a tree a hug!	20 World Children's Day	21 Invisible ink
22 Affirmation yoga	23 "I am kind to my friends"	24 Pencil Control	25 Bake cookies for a friend	26 Create a kindness poster	27 Read the Kindasaurus meditation to another class	28 Sing your favourite song
29 Kindness Jar	30 Read 'Kindasaurus Saves Christmas'					

Activities in this colour are explained in the supplementary activity sheets on your portal.