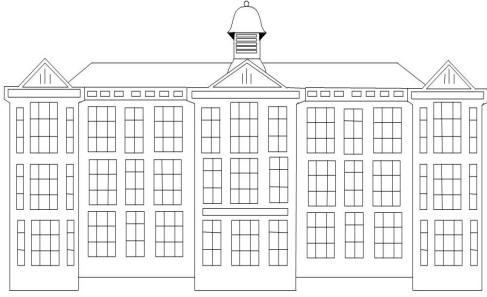


# Brandwood Community Primary School



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Chair of Governors: Mr M Simpson  
Head Teacher: Mrs A Holmes  
Deputy Head Teachers: Mrs R Cameron & Miss C Lund

Dear parents and carers,

I am writing to inform you that our annual healthy relationships workshops will be taking place in years 5 and 6 this half term starting tomorrow 30<sup>th</sup> April. This work is part of our statutory PSHE and Relationships Education curriculum. The programme intends to make sure our learners have the information they need to make good decisions about their own relationships and wellbeing, to recognise potential issues in themselves and others and to seek support as early as possible if issues arise. These important workshops ensure we are supported to meet the statutory requirements of the Relationships and Health Education guidance from the DfE (Department for Education), which became compulsory in April 2021.

### What are the Healthy Relationships Workshops?

The healthy relationships workshops are led by Fort Alice, a local charity that supports victims of domestic abuse. They aim to educate the children in the importance of building healthy relationships and recognising if a relationship is not healthy. The workshops will also cover what to do if they are concerned a relationship is not healthy to try to prevent issues arising when they are older. The sessions will cover the following:

Session 1: Verbal abuse and the impact of name calling and bullying behaviours along with body language, feelings and emotions

Session 2: Recognising choices and accepting responsibility for actions behaviour and words

Session 3: Challenging gender stereotypes and the importance of equality & understanding what a healthy and unhealthy relationship looks like

Please find attached the plans of the content for each of the sessions. If you require any further information please see the Relationships Education Policy in the PSHE and Relationships section of the school website.

Senior staff have viewed the content of the materials and have attended the lessons delivered previously so we are fully confident that they are appropriate for primary teaching. If you would like any more information about the healthy relationships workshops please call the office on 01204 333444 and a senior member of staff will return your call.

Yours sincerely,

Mrs Holmes  
Head Teacher

