

Brandwood Community Primary School



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Chair of Governors: Mr M Simpson
Head Teacher: Mrs A Holmes
Deputy Head Teachers: Mrs R Cameron & Miss C Lund

Dear parents and carers,

As you may be aware from previous communications, and the whole school parent and carer consultation in spring 2021, the government made the PSHE (Personal, Social, Health and Economic) Education and Relationships Education curriculum statutory in all primary schools from the summer term of 2021. Therefore, the recommended teaching content has been routinely delivered to all year groups since then, in line with our agreed PSHE Education and Relationships Education school curriculum and corresponding plans.

Therefore, we are writing to inform you that, as part of the compulsory health education aspect of PSHE Education, we will be providing our annual puberty 'growing up' talks for our Y5 and 6 children this term. If any parent or carer would like to meet our Health Development Worker and view the materials used in the sessions you are welcome to attend an informal 'drop-in' session on **Tuesday 28th January 2024 at 9am.**

The puberty talks for Y5 and Y6 will take place on **Tuesday 4th February 2024** and will be led by our Health Development Worker. This annual visit is planned with regard for the emotional and physical development of the children at this age so that they fully understand the changes that will happen to them physically and emotionally as they mature and develop into young adults. The programme ensures the children have an age-appropriate and factual understanding of puberty and all the children will receive a hygiene pack, free of charge, on the day.

The boys and girls are taught separately for these sessions and class teachers are present throughout.

Please find attached an overview of the lesson plan for these sessions and an information booklet with regards to statutory Health Education requirements. For further information please see the PSHE and Relationships Education section of the school website <https://www.brandwoodprimaryschool.com/PSHE-Relationship-Education/>.

If you have any queries, please contact school on 01204 333444.

Thank you in advance for your continued support.

Yours sincerely,

Mrs A Holmes
Head Teacher

